

The **NMConnect** app, available now for [iPhone](#) and [Android](#), includes a “one touch” button for connection to a mental health professional on the State of New Mexico’s 24-hour crisis and access hotline. For non-crisis support, including help finding a therapist or support group, or just to engage with someone who has been there, the “Text Warmline” option connects people to a certified peer support specialist for non-emergency support. There are also links to various mental health, substance abuse, suicide prevention and COVID-19 resources.

NMConnect



The New Mexico Crisis and Access Line (NMCAL) is excited to announce the NMConnect smartphone app for all New Mexicans.

Key features:

- Directly connect to a counselor or peer support worker;
- Directly text a peer support worker;
- Access up to date resources for substance use, mental health services, and other community resources;
- Updated information on the state response to COVID-19.



Apple App Store Link: <https://apps.apple.com/us/app/nmconnect/id1505881354>



Google Play Store Link: <https://play.google.com/store/apps/details?id=com.nmcrisisline.app>